Elementary Breakfast October 2023



Nutritional Development Services-Archdiocese of Philadelphia

MDSSchoolLunchProgram SchoolMealsNDS SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5		
334 Cinnamon Toast Crunch Bar	323 Apple Cinnamon Muffin	308 Strawberry Mini Bagel	360 Cinnamon Pop-Tarts NEW	328 Chocolate Chip Muffin	
670 Fresh Fruit	644 Dole Pear Cup	670 Fresh Fruit	697 Bagged Sliced Apples	670 Fresh Fruit	
752 Fruit Punch Juice	690 Apple Crisps	656 Craisins	753 Orange Juice	749 Apple Cherry Juice	
Pre-K: 335 Banana Muffin	Pre-K: 327 Pillsbury Maple Mini Waffles	Pre-K: 346 Cinnamon Toast Crunch	Pre-K: 332 Apple Cinnamon Muffin	Pre-K: 349 Corn Chex Cereal	
9	10	11	12		
	359 Honey Scooters	369 Pillsbury Berry Blast Mini French	387 Fruit Loops	321 Banana Muffin	
No School!	670 Fresh Fruit	Toast	644 Dole Pear Cup	670 Fresh Fruit	
	749 Apple Cherry Juice	659 Watermelon Craisins 670 Fresh Fruit	750 Apple Juice	684 Mixed Berry Applesauce	
	Pre-K: 339 Cranberry Orange Muffin	Pre-K: 347 Cinnamon Chex Cereal	Pre-K: 387 Fruit Loops	Pre-K: 330 Blueberry Muffin	
16	17	18	19		
319 Orange Cranberry Muffin	324 Cocoa Puffs Cereal	133 Strawberry Banana Yogurt &	390 Chocolate Chip Muffin	321 Banana Muffin	
749 Grape Juice	749 Apple Cherry Juice	921 Granola	752 Fruit Punch Juice	753 Orange Juice	
608 Dole Tropical Fruit Cup	658 Cherry Craisins	750 Apple Juice 690 Apple Crisps	670 Fresh Fruit	670 Fresh Fruit	
e-K: 369 Pillsbury Berry Blast Mini French Toast	Pre-K: 367 Cinnamon Raisin Bagel	Pre-K: 340 Honey Cheerios	Pre-K: 390 Chocolate Chip Muffin	Pre-K: 349 Corn Chex Cereal	
23	24	25	26		
329 Honey Nut Cheerios	328 Chocolate Chip Muffin	334 Cinnamon Toast Crunch Cereal	361 Strawberry Pop-Tarts NEW	386 Frosted Flakes	
750 Apple Juice	748 Grape Juice	752 Fruit Punch Juice	753 Orange Juice	749 Apple Cherry Juice	
670 Fresh Fruit	644 Dole Pear Cup	659 Watermelon Craisins	670 Fresh Fruit	691 Strawberry Apple Crisps	
Pre-K: 335 Banana Muffin	Pre-K: 346 Cinnamon Toast Crunch Cereal	Pre-K: 347 Cinnamon Chex Cereal	Pre-K: 330 Blueberry Muffin	Pre-K: 386 Frosted Flakes	

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.